## Germs, Germs, Go Away!

We strive to prevent the spread of illness, therefore, at times the center may require those dropping off children to take the child(ren)'s temperatures prior to entering classrooms. Most commonly this will occur during peak seasons of viruses or when something is going around the facility.

Please use the following guidelines when deciding if your child should attend childcare:

## Please keep your child home if your child has:

- A fever of 100 or greater (without the aid of fever reducer within the past 24 hours)
- Any behavior changes
- Any signs or symptoms of illness
- Frequent and/or uncontrolled coughing, irritability, persistent crying, unusual lethargy, wheezing, or other unusual signs
- Frequent and/or constant runny nose
- Strep throat, until 48 hours after antibiotic is started and fever free without the aid of fever reducer for 24 hours
- Diarrhea; runny, watery, or bloody stools within the last 24 hours. The child must be excluded for a minimum of 2 school days, they should return to a normal diet and have one formed stool before returning.
- Vomiting two or more times in the last 24 hours. The child must be excluded for a
  minimum of 2 school days, return to a normal diet and have no more occurrences nor
  other symptoms of illness before returning.
- Rash with fever or behavior changes
- Scabies or other infestations
- Impetigo or other skin infection until 24 hours after treatment has begun
- Chicken pox until all blisters appear "crusted over"
- Pertussis (Whooping Cough) mumps, rubella, shingles, herpetic gingivostomatitis (Mouth Sores)
- Hepatitis A- until 1 week after onset
- Sore throat with fever
- Eye discharge (white or yellow) or pink eye; until 24 hours after starting treatment; if treatment is not sought then when the discharge clears
- Head lice (please note we have a no nit policy)
- Bed bugs
- Respiratory illness, or probable flu-like symptoms
- COVID-19 Should your child test positive, please notify the school immediately.
   Exclusion periods will be based on the most current guidance from the Virginia
   Department of Health; however, the general exclusion policy is parallel to Influenza & RSV
- Influenza your child must stay home for 5 days and is eligible to return at that time if he/she has been fever free for at least 24 hours without the aid of any fever reducer and has not vomited or had a loose stool for at least 24 hours.
- RSV your child must stay home for 5 days and is eligible to return at that time if he/she
  has been fever free for at least 24 hours without the aid of any fever reducer and is no
  longer experiencing any breathing difficulties.
- Hand, Foot & Mouth your child must remain home for 5 days